RELEASE

I acknowledge that I am a member of the NACUA community and I desire to participate in a yoga practice while attending the 2018 NACUA Annual Conference ("Activity"). I acknowledge and agree that NACUA is extending to me the privilege of participating in the Activity in furtherance of its charitable, educational mission and that I am therefore a beneficiary of its charitable works.

I further acknowledge that Hannah Ross and Susan Marcy are volunteering their time in furtherance of NACUA's charitable, educational mission. I understand that participants are expected to stop any action that causes discomfort or pain. I understand that there are risks and hazards directly or inherently involved, making this an activity with the potential to cause injury. I voluntarily choose to engage in this Activity.

In consideration of NACUA, Hannah Ross, and Susan Marcy allowing me to participate and with full knowledge of the facts and circumstances surrounding the Activity, I voluntarily undertake the Activity and release Hannah Ross, Middlebury College, Susan Marcy, District Board of Trustees, Florida SouthWestern State College, and NACUA and its trustees, officers, employees and agents from all responsibility and risk arising from my participation, including any property damage, injury to others, and all hazards to me. I agree to indemnify and hold Hannah Ross, Middlebury College, Susan Marcy, District Board of Trustees, Florida SouthWestern State College, and NACUA and its trustees, officers, employees, and agents harmless for all claims and demands arising out of my participation in the Activity.

| Accepted & Agreed: | | | |
|--------------------|--------|--|--|
| | | | |
| Print Name | | | |
| | | | |
| Signature | | | |
| Date: | , 2018 | | |